

Alcohol and your body

ALCOHOL

CHANGE^{UK}

Brain:

dementia, alcohol-related brain damage, depression, anxiety.

Mouth and throat:

cancer of the mouth, upper throat, larynx and oesophagus.

Heart:

hypertension and risk of stroke.

Breasts:

breast cancer.

Liver:

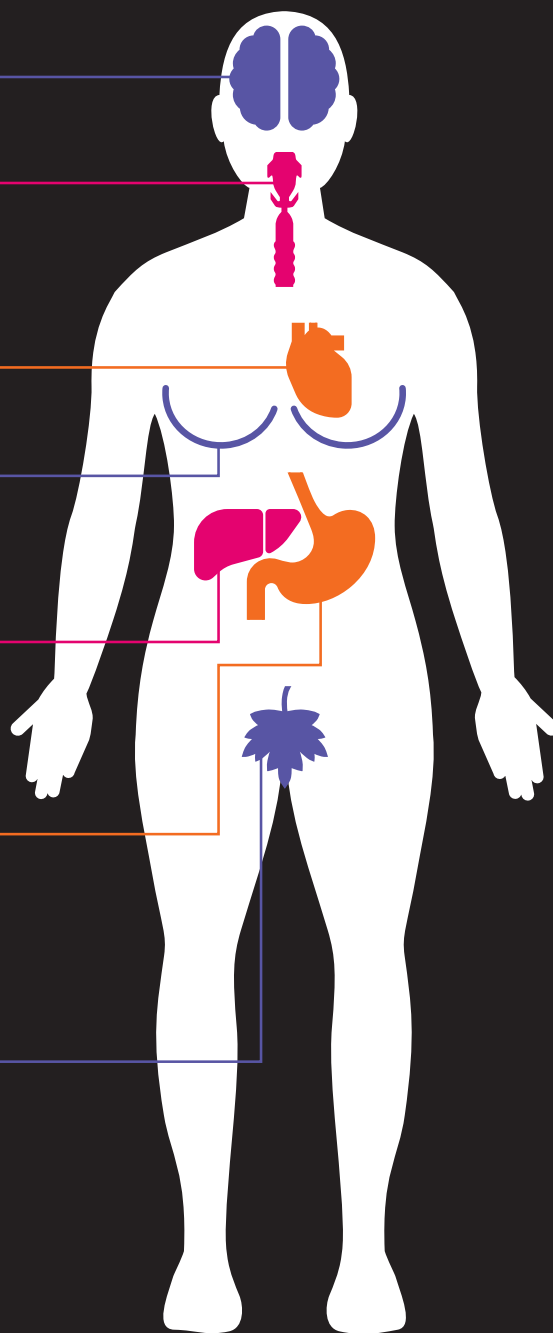
fatty liver, hepatitis, cirrhosis, and liver cancer.

Digestive system:

gastritis, stomach ulcers and cancer of the stomach and bowel.

Reproductive systems:

temporary impotence and reduced fertility.



Keep your risks low by drinking no more than

Find out more about alcohol

www.alcoholchange.org.uk

14
units
a week